

# The Collaborative Habit: Life Lessons for Working Together

The Collaborative Habit is a book by Robert Kegan and Lisa Lahey that outlines 10 principles for working together effectively. These principles are based on research that shows that the most successful teams are those that are able to collaborate effectively.

The book offers practical advice for how to apply these principles in your own work. It is a valuable resource for anyone who wants to improve their teamwork skills.

The 10 principles of collaboration, as outlined by Kegan and Lahey, are:



## The Collaborative Habit: Life Lessons for Working Together by Twyla Tharp

★★★★☆ 4.5 out of 5

Language : English  
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Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 172 pages



1. **Be clear about your purpose.** What are you trying to achieve together?

2. **Create a shared understanding of the work.** Everyone needs to be on the same page about what needs to be done.
3. **Establish clear roles and responsibilities.** Who is responsible for what?
4. **Communicate openly and honestly.** Share information and ideas freely.
5. **Be respectful of others.** Value diversity and different perspectives.
6. **Be willing to compromise.** Find ways to meet the needs of everyone involved.
7. **Be patient.** Collaboration takes time and effort.
8. **Celebrate successes.** Recognize the accomplishments of the team.
9. **Learn from mistakes.** Use setbacks as opportunities for growth.
10. **Never give up.** Even when things get tough, keep working together.

Here are some tips for how to apply the principles of collaboration in your own work:

- **Start by clarifying your purpose.** What are you trying to achieve together? What are the goals of your team?
- **Create a shared understanding of the work.** Make sure everyone on the team is clear about what needs to be done. This can be done through brainstorming sessions, team meetings, or written documentation.
- **Establish clear roles and responsibilities.** Who is responsible for what? This will help to avoid confusion and duplication of effort.

- **Communicate openly and honestly.** Share information and ideas freely. This will help to build trust and understanding among team members.
- **Be respectful of others.** Value diversity and different perspectives. This will help to create a positive and inclusive work environment.
- **Be willing to compromise.** Find ways to meet the needs of everyone involved. This may require some negotiation and flexibility.
- **Be patient.** Collaboration takes time and effort. Don't get discouraged if you don't see results immediately.
- **Celebrate successes.** Recognize the accomplishments of the team. This will help to build morale and motivation.
- **Learn from mistakes.** Use setbacks as opportunities for growth. This will help the team to improve its processes and avoid future mistakes.
- **Never give up.** Even when things get tough, keep working together. Collaboration is a journey, not a destination.

The Collaborative Habit is a valuable resource for anyone who wants to improve their teamwork skills. The book offers practical advice for how to apply the principles of collaboration in your own work. By following these principles, you can create a more effective and productive team.



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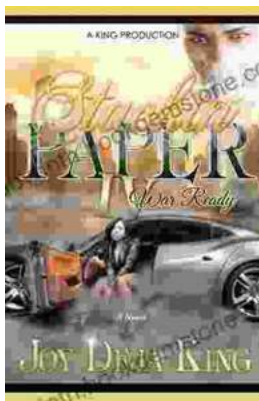
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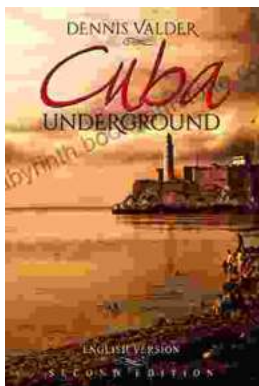
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